

**GYM, FITNESS & SPORTS BOOKING**

<b>GYM</b> - Opening hours 07:00 - 22:00 (Unsupervised. Use of the gym is at your own risk)	free
<b>SPORTS BOOKING/SHOP</b> - Opening hours Monday 09:00 - 18.00   Tuesday - Sunday 08:30 - 17:30 Closed between 12.00 - 13.00 every day	
Group sessions, Fitness classes (See sports & activity program)	free
Personal Training (On request)	€ 50/h

**TENNIS / PADEL**

Tennis and Padel - Social and tuition (1 h / day)	free
Rent of Padel court + rackets (balls for purchase)	€ 20 / h
Rent of Tennis court + racket	€ 10/h
Private Tennis coach	€ 45/ h
Private Padel coach (1 or 2-4 persons)	€ 45/70 h

*Tennis and Padel, pre book in Sports booking. Rackets and balls included in tennis rental. Courts must be pre booked.*

**BIKE RENTAL : Gravel Merida Silex 400 & Specialized Diverge E5 Elite**

**MTB Specialized Rockhopper Elite 29, E-MTB's Merida eBig.Nine 300**

**Sizes:** (X small, Small, Medium, Large and X Large)

Half day (Join excursion or social ride) Mountain bikes / Gravel bikes	free
Gravel Bike 1 day (subject to availability)	€ 25
Gravel Bike 6 days (subject to availability)	€ 115

*Pedals (SPD and flats) and helmet included in rent. Bring your own shoes and water bottle.*

**WATERSPORTS**

Stand up Paddle board and Kayak rental	free
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**WOD BOX (X-FIT INCL. MATERIAL)**

Training in box on scheduled hours	free
Private use and material for one hour (Subject to availability)	€ 40/h

*Pre book in sports booking*

**SPINNING AREA & THEATRE, MULTICOURT**

Indoor cycling / Spinning (Scheduled hours on sports program)	free
One-hour private use with music and 15 bikes (On request, subject to availability)	€ 25/ h

*Pre book in sports booking*

*Prices, brands and opening hours are subject to changes.*